

## Modern Sanatoria.

The present tendency in planning sanatoria for the use of phthisical patients is to provide buildings of a temporary character; thus, at the recent Nursing and Midwifery Conference in London, Dr. Foster Owen showed an interesting model of a fresh air chalet, which he has designed, the estimated cost of a hospital of twelve beds being about £130.

He stated that this particular form of chalet was approved by Dr. Charles Reinhardt, whose practical interest and writings on the open air treatment of consumption, and the construction of special chalets and appliances for this purpose are well known.

The chalet may be constructed to accommodate one or more patients. It admits an abundance of fresh air, while the low hanging eaves which project over, and shelter the verandah, also serve as a protection from draughts.

Another interesting form of sanatorium is described in the last issue of the *National Hospital Record*, and has been planned for the Modern Woodmen of America. This Society is the largest fraternal order in the world, having a membership of over a million, and it is providing a unique and most practical sanatorium for its tuberculous members.

The plan for the institution is a unit system, and consists of six cottage tent colonies, each containing sixty tents. In the centre of each colony is a "utility building," which provides for practically all of the needs of the group of sixty patients, and their doctors and nurses, with the one exception of meals. These are served in a large dining hall in a central building which also contains the culinary department, and for patients who are unable to be present there is an infirmary with its own independent dining kitchen. On one side of the central building an amusement hall is to be erected, and on the other the medical building.

The single Nordrach Tents, or cottages, are arranged in regular lines, military fashion, and it is claimed for them that they afford the necessary fresh air, combined with every comfort, that they are cheaper than rooms in any

building, and afford individual privacy to the patients. Electric bells are provided at the heads of all the beds, a power plant will provide electric light and steam heat, and a steam laundry and ice plant will form part of the equipment.

The sanatorium is situated in the foothills, about ten miles north of Colorado Springs, and all the buildings are constructed of rustic stone, which is plentiful in the locality, the roofs being of red Spanish tile.

The tent cottages have red shingle roofs. They are octagonal in shape, and have concrete bases and hard wood floors, with shingle windows and doors. All the woodwork and

furniture is enamelled white, and the ceilings are tinted a delicate green. An advantage of the unit system is that a portion of the building can be used for patients while construction is still going on.

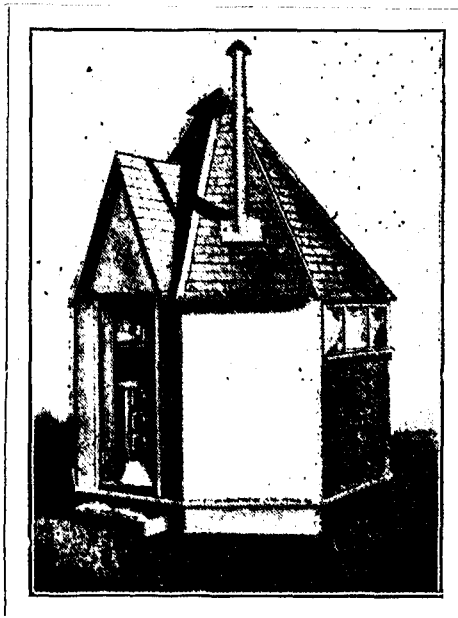
It is expected that the institution will not be complete for two or three years, but one colony of sixty patients has been in working order since the beginning of the year, and it is proposed to add a new colony every six months until the building is complete.

The situation of the sanatorium seems ideal, as it is surrounded by most beautiful country, and has a fine water supply, farm lands, a coal

mine and an apple orchard, and the Government has recently issued instructions that five hundred acres of timber land at the head of the water supply are to be fenced off so that the water may be preserved for all time.

The medical director of the Modern Woodmen's Sanatorium is Dr. J. E. White.

The most modern methods of treating phthisis, both from the preventive point of view, and when it has developed, and needs care in sanatoria, are of great interest to nurses, who are frequently brought into contact with cases in their incipient, as well as more advanced stages. Indeed, the district nurse in the course of her visits to a family is often the first to discover cases of tubercular disease, and to bring them under treatment. She therefore is naturally interested in the construction and appointments of the sanatoria.



The Nordrach Tent.

[previous page](#)

[next page](#)